

# The Laura Ingalls Wilder Country Cookbook

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STAPLES FROM THE COUNTRY STORE

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## CORN DODGERS

*That morning Mary and Laura played by the creek, among the rushes. They did not go near the swimming-hole. They did not touch the straw-stack. At noon they ate the corn dodgers and molasses and drank the milk that Ma had left for them. They washed their tin cups and put them away.*

ON THE BANKS OF PLUM CREEK

Corn dodgers are a descendant of the Indians' *appone*, or corn pone—small cakes baked directly in the fireplace embers, with or without a wrapping of wet corn husks. In the Midwest, dodgers were usually made of cornmeal, lard, and milk. They were shaped either in small patties or like miniature ears of corn and were baked, fried, or fried *and* baked.

Dodgers take some getting used to, but they are worth trying—both hot, with butter, as they appeared at Thanksgiving, and cold, with molasses, as the girls ate them. Which do you prefer?

*For 1 dozen dodgers you will need:*

Cornmeal, 2 cups yellow stoneground

Salt, 1 scant teaspoon

Lard, 1 tablespoon

Homogenized milk,  $\frac{1}{2}$  cup whole

Drippings, bacon or salt pork, 1 tablespoon

Bowl, 2-quart; skillet, 12-inch

Mix cornmeal and salt in bowl. Press lard into well in center. Bring  $\frac{1}{2}$  cup of water to a boil, pour it on the lard, and stir after lard has melted. Stir until mixture is cool and crumbly, and then stir in enough milk to form a sticky batter, about  $\frac{1}{2}$  cup.

Heat about 1 tablespoon of drippings in skillet. Shape the paste with hands into "corn ears," or drop it by the spoonful into hot skillet and press with spoon into cakes, watching out for hot spattering fat. Fry ears or cakes well on one side; turn and brown well on the other. Cook about 15 minutes in all.

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